



Specifications:-

- Mix Up Your Routine: The Toyshine Medicine Ball Offers A Fun And Unique Way To Get An Effective Workout Without Using Traditional Gym Equipment. Incorporate Our Jumbo Balls Into Your Workout To Improve Speed, Agility, Cardio And Core Strength.
- Smooth, Superior Grip: Brandishing Our Proprietary Leather Shell, Users Experience A Comfortable Yet Controlled, Non-Slip Grip. The Exercise Ball's Large, Ergonomic Build Makes It Easy To Throw, Catch, And Slam - Even When Sweaty.
- Unrivalled Strength And Performance: Oour Medicine Ball Was Built For Significant Wear-And-Tear And Extreme Surface Contact. Its Durability Will Hold Up To Every Slam, Throw, Or Maneuver.
- Full Body Workout: Medicine Balls Challenge Main Muscle Groups As Well As Smaller, Stabilizing Ones. Adding These Heavy Balls To Aerobic Activity, Weight Training, Or Exercise Classes Ensures A Full-Body Workout From Head-To-Toe.
- Mix And Match: This Weighted Medicine Ball Collection Offers A Variety Of Weights And Colors So You Can Continually Mix Up Your Exercise Routine - Adding Challenge And Variety When You're Feeling Bored And Stagnant Or Going Light On Low-Energy Days.

Note: Specifications are subject to change, Photos shown above are Indicative, Actual Product can Vary.



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